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THE SYSTEMIC ROLE OF VALUES AND TRADITIONS IN PERSONALITY DEVELOPMENT

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Introduction: The foundational importance of values

The stability and continuous development of human civilization are intrinsically linked to the efficacy of its moral and ethical foundations—values and traditions. Values represent the core internal beliefs that shape an individual's identity, guide their life choices, and define their social roles. Traditions are the practical manifestations of these beliefs, serving as the cultural heritage that ensures intergenerational continuity. These factors not only enrich a person's inner world but also directly influence their social interactions, position within society, and future goals.

In an era of rapid globalization and technological advancement, the spiritual integrity of the individual is constantly challenged by conflicting ideological currents. This necessitates a profound scientific understanding of how value systems—national, universal, and religious—contribute to the overall harmony and integrity of the personality. The primary objective of this thesis is to systematically analyze the fundamental mechanism through which values foster ethical maturity and self-realization in the individual.

Theoretical framework: Conceptualizing values and their impact

Philosophical and Psychological Dimensions of Value

The concept of "Value" (*valor* in Latin, meaning worth or significance) in philosophy denotes the aspect of objective reality that holds importance for the subject, responding to human needs and aspirations. Psychologically, as highlighted by V.V. Znakov, defining value remains complex because it



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constitutes an integral part of consciousness, manifesting through volitional qualities, motivations, and overall behavior.

Values are often conceptualized through the lens of subjectivity and objectivity. They emerge as an outcome of spiritual creativity, encompassing the meanings derived from objects that trigger subjective experiences. Simultaneously, they are viewed as the meaningful purpose of existence itself. N.A. Liman's perspective underscores the crucial link between value orientation and emotional stability: the assimilation of positive values leads to stable emotional states, whereas negative values result in unstable emotional conditions. Ultimately, values are the pillars of consciousness and existence, categorized as creative forces that propel the individual toward perfection (*kamolot*) by filling their inner development with meaningful aspects.

The Systemic Classification of Human Values

Drawing upon the classification by Khorunjiy, human values can be grouped into three core categories that collectively ensure the comprehensive development of the personality :

Value Type	Scope of Influence	Effect on Personality Development
Spiritual Values	Ideological, ethical, and religious foundations.	Shapes worldview, driving forces like Faith, Conscience, Justice, Patriotism.
Social Values	Inter-group and social relations.	Facilitates social integration (Family, Friendship, Community, Traditions).
Material Values	Economic and physical well-being.	Ensures security and comfort (Housing, Property).

This comprehensive set of values forms the basis for essential human aspirations, including self-transformation, self-exaltation, self-awareness, and self-security. By providing a coherent framework, these values act as a moral

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compass that directs the individual's path in life and serves as a means for achieving their goals.

The Role of Values in Achieving Ethical and Psychological Maturity

The core function of values lies in their ability to regulate and direct behavior, thereby ensuring ethical maturity. The establishment of a strong value hierarchy equips an individual to navigate life's complexities and resist moral decay.

Values contribute to:

- **Behavioral Regulation:** Religious and social norms prevent moral errors, prompting individuals to choose righteous actions and promoting *ezgu amallar* (noble deeds).
- **Identity Formation:** Through national and family traditions, an individual finds a sense of belonging (*o'zini jamoaning bir bo'lagi sifatida his qilish*) and establishes a solid sense of personal identity.
- **Spiritual Exaltation:** The ultimate aim of a sound value system is to foster a transition from a purely biological or social existence to a spiritual and mystical existence (*tasavvufiy mavjudot*), where objective spiritual forces (such as piety and knowledge) supersede purely economic or social relations.

Conclusion

Values and traditions represent the essential spiritual and ethical infrastructure for the development of every individual. They are the decisive factors in attaining ethical and social maturity, providing the individual with moral guidance and stability. The systematic study and cultivation of these values—especially among the younger generation—is a crucial task for any society aiming to secure its progress and maintain a stable, harmonious environment, ensuring that individuals contribute positively to collective development.

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